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This dataset contains the results of University of Miami.xlsx Wellness Assessments collected in 2014-2016 which was collected to determine the behaviors, attitudes and beliefs of undergraduate students. In 2014, a 47 question online survey was administered to 1364 undergraduate students at the University of Miami between September 2014 and January 2015. In 2016, a 40 question online survey was administered to 801 undergraduate students at the University of Miami between August and September 2016. The survey is comprised of multiple choice, Likert scale and open-ended questions. The excel spreadsheet is organized with one question per sheet; each sheet includes the response rate, the answers to the question and a simple chart of the results. All results are in aggregate form and no individual respondent can be identified with this data.